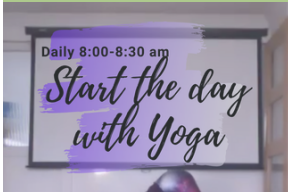
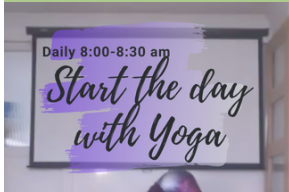
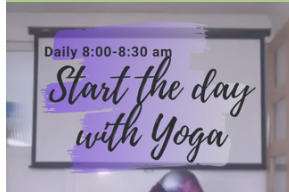







ONLINE YOGA CLASS SCHEDULE

YEAR - 2021

YOGA WITH GENY

MON	TUES	WED	THURS	FRI	SAT
	 <p>Daily 8:00-8:30 am <i>Start the day with Yoga</i></p>	 <p>Daily 8:00-8:30 am <i>Start the day with Yoga</i></p>	 <p>Daily 8:00-8:30 am <i>Start the day with Yoga</i></p>		 <p>SATURDAY MORNING YOGA ONLINE 10-11 am</p>
 <p>Mondays 18:30- 19:30 pm <i>Yoga Flow</i></p>	<p>START THE DAY WITH YOGA</p>	 <p>12:30-1:30 PM CHAIR YOGA</p>	 <p>Thursdays 7:30 - 8:34 pm Zoom <i>Yin Yang Yoga</i></p>		<p>SATURDAY YOGA</p>
<p>6:30-7:30 PM YOGA FLOW</p>			 <p>Thursdays 21:00-21:30 pm <i>Yoga Nidra</i> 9-9:30 PM YOGA NIDRA</p>		