

AYURVEDA PURA[®] — ACADEMY —

-Excellence through exceptional training-

Diploma: Ayurvedic Diet & Lifestyle Consultant

is awarded to

GENY CALOISI

Student No: APA160P05

History of Ayurveda; Objectives of Ayurveda; Philosophical Basis for Ayurveda; Understanding Basic Principles of Ayurveda; Ayurvedic Physiology – Tridosha Theory; Ayurvedic Anatomy – Tissues in Ayurveda, Tissues Channels, Waste Products in Health & Disease; Understanding Prakriti & Vikriti; Basic Diagnosis in Ayurveda: History & Consultation, Pulse Diagnosis, Tongue Diagnosis, Understanding Vata, Pitta, Kapha Imbalances & Diseases; Definition of Health & Disease in Ayurveda, Definition & Concept of Agni & Treatment of Ama; Food & Nutrition in Ayurveda, Concept of 6 Tastes & 3 Doshas; Foods according to Dosha Prakriti & Vikriti; Dietary Guidelines According to Ayurveda; Lifestyle Approach & Advice for 3 Doshas; Practising Yoga, Pranayama & Meditation for various Doshas, Imbalances & Diseases; Massage Therapies and Guidelines for Various Ailments & Dosha Imbalances; Panchakarma: Ayurvedic Detoxification Techniques in Health & Disease; Simple Ayurvedic Home Detoxification; Designing Therapy Plans for Clients; Client Care & Ethics in Ayurveda; Completion of 7 Case Studies; Successful Completion of Practical, Oral and Written Examinations

Grade: Pass

Certificate Dated: 10.08.2016

Signed by.....
(Education Coordinator)



The Ayurveda Pura Academy
48 Newton Lodge
Oval Square, Greenwich Millennium
Village, West Parkside
London SE10 0BA
Tel: +44 (0)208 312 8383
Info@AyurvedaPura.com
www.AyurvedaPura.com



Accrediting Body: Complementary Medical Association

Certificate No: APA1620105P